

STUDENT NAME: _____ DATE: _____

SLCC PHYSICAL THERAPIST ASSISTANT PROGRAM

Cervical Traction Practical Examination

Each student must achieve a Satisfactory (Sat) score on each of the crucial items, identified with an asterisk (*). At the point in the practical exam that the student does not achieve a Satisfactory on an item, the Evaluator will stop the exam. The student will schedule a retest, after appropriate preparation and remediation. In addition to completing all crucial items, the student must achieve an aggregate score of 77.00% to pass the practical exam.

	Unsat	Sat
APPROACH		
A. Demonstrates professionalism and confidence.	_____	_____
B. Introduces self to patient.	_____	_____
C. Read patient's information & understands statement of problems, goals, plan of care.	_____	_____
*D. Gives proper explanation, instruction to patient, obtains informed consent.	_____	_____
*E. Explains purpose, indications, and contra-indications to Evaluator.	_____	_____
GRADE: _____/10 points		

PREPARATION OF TREATMENT SESSION		
A. Readies equipment, supplies, treatment area.	_____	_____
*B. Objectively evaluates function of affected area.	_____	_____
*C. Visually inspects area to be treated for possible contraindications.	_____	_____
*D. Asks pt to remove jewelry, glasses, dentures, hearing aids and gum.	_____	_____
*E. Slip harness on neck.	_____	_____
*F. Positions patient in supine w/ padded stool under legs.	_____	_____
*G. Inspects equipment for damage; checks power source; dials in "off" position.	_____	_____
H. Displays good personal body mechanics.	_____	_____
* I. Annotates findings in proper documentation format.	_____	_____
GRADE: _____/35 points		

TREATMENT APPLICATION		
*A. Place tissue in chin piece, ensure straps are secure, attach spreader bar.	_____	_____
*B. Check patient's body alignment with traction unit.	_____	_____
*C. Take up slack on rope until slight tension is present, checking angle of pull is 15-20° of flexion; pt should feel most of pull on back of head as opposed to chin. If adjustments must be made, release tension on rope & detach prior to readjustments.	_____	_____
*D. Set dials on machine. (pull=12#, hold=20 second, relax=10 seconds, timer=20 min)	_____	_____
*E. Provides patient with unit hand switch and explains its use.	_____	_____
*F. Instructs patient on what to expect from cervical traction and safety precautions.	_____	_____
*G. Stays for at least two pulls, making additional adjustments appropriately, if needed.	_____	_____
*H. Evaluates pt's response during treatment, assists pt is undesired effects of treatment.	_____	_____
GRADE: _____/35 points		

END OF TREATMENT		
*A. Terminates tx, returns dials to "0", releases rope holding onto spreader bar so bar does not touch patient, disconnects harness.	_____	_____
*B. Allows patient to rest; assists patient into sitting position and monitors for dizziness.	_____	_____
*C. Visually re-inspects area for potential adverse reactions.	_____	_____
*D. Objectively re-evaluates function of treated area.	_____	_____
*E. Verbally determines patient's perception of effectiveness of treatment.	_____	_____
*F. Documents treatment appropriately including parameters and patient response.	_____	_____
G. Cleans/straightens treatment area to original condition.	_____	_____
GRADE: _____/20 points		

Comments:
Evaluator: _____ **Overall Grade:** _____/100 points
Retest Date: _____ **Retest Score:** _____/100 points